

NORDIC

ONE / WAY

23-24

JAPAN COLLECTION

ディーラー様向けカタログ

NORDIC



OUR PUREST BLEND.

PREMIO 30.







PREMIO 30

¥69,300 (本体 ¥63,000)
Made in China

Item no.	OZ40021
Lengths	135 - 175 (2,5cm)
Weight	49g (per meter)
Shaft	UHM Carbon 100%
Grip	Carbon Grip
Strap	AV WC Strap
Shaft ø	16:9 (mm)
Basket	Exchange Basket S + M
Tip	Sintered Tip
Finish	Decal w/o finish

Do you want to be in the lead instead of disappearing in the pack? Then follow pros like superstar Dorothea Wierer and choose the Premio 30, the lightest, most balanced XC pole from the World Cup. Its now even lighter carbon shaft with perfect swing weight and the quick-swap, tool-free Exchange Basket System bring clear advantages in terms of lightness and handling. The high performance grip-strap setup ensures maximum power transfer and allows you to get the most out of each push-off.



69kgm²



20mm



49g/m



686mm



435N



PREMIO 30 KIT

¥69,300 (本体 ¥63,000)
Made in China

Item no.	OZ40121
Lengths	KIT 150, 160, 170, 180
Weight	49g (per meter)
Shaft	UHM Carbon 100%
Grip	Carbon Grip
Strap	AV WC Strap
Shaft ø	16:9 (mm)
Basket	Exchange Basket S + M
Tip	Sintered Tip
Finish	Decal w/o finish

Do you want to be in the lead instead of disappearing in the pack? Then follow pros like superstar Dorothea Wierer and choose the Premio 30, the lightest, most balanced XC pole from the World Cup. Its now even lighter carbon shaft with perfect swing weight and the quick-swap, tool-free Exchange Basket System bring clear advantages in terms of lightness and handling. The high performance grip-strap setup ensures maximum power transfer and allows you to get the most out of each push-off.



69kgm²



20mm



49g/m



696mm



435N



MODULAR RACE GRIP SYSTEM

Hands are naturally different in size. The new modular Race Grip System now offers the optimum grip size for any size hand. Especially in racing, but also for aspiring recreational athletes, the pole must fit ideally in the hand for optimal power transfer.

This is ensured by the three available grip sizes of the modular Race Grip System, each with different volumes. The grips are offered in low, mid and high volume and can be selected individually for each cross-country skier.

/LOW
VOLUME



/MID
VOLUME



/HIGH
VOLUME



Article no.	Model	Description, Compatibility
GRIPS		
OZ80023	CARBON GRIP 2.0 LV ¥4,840 (本体 ¥4,400) Made in China	Fibre-reinforced Grip with 360° cork shield for small hands. Compatible with all 16 mm shafts.
OZ80123	CARBON GRIP 2.0 MV ¥4,840 (本体 ¥4,400) Made in China	Fibre-reinforced Grip with 360° cork shield for mid-sized hands (average hand size). Compatible with all 16 mm shafts.
OZ80223	CARBON GRIP 2.0 HV ¥4,840 (本体 ¥4,400) Made in China	Fibre-reinforced Grip with 360° cork shield for big hands. Compatible with all 16 mm shafts.

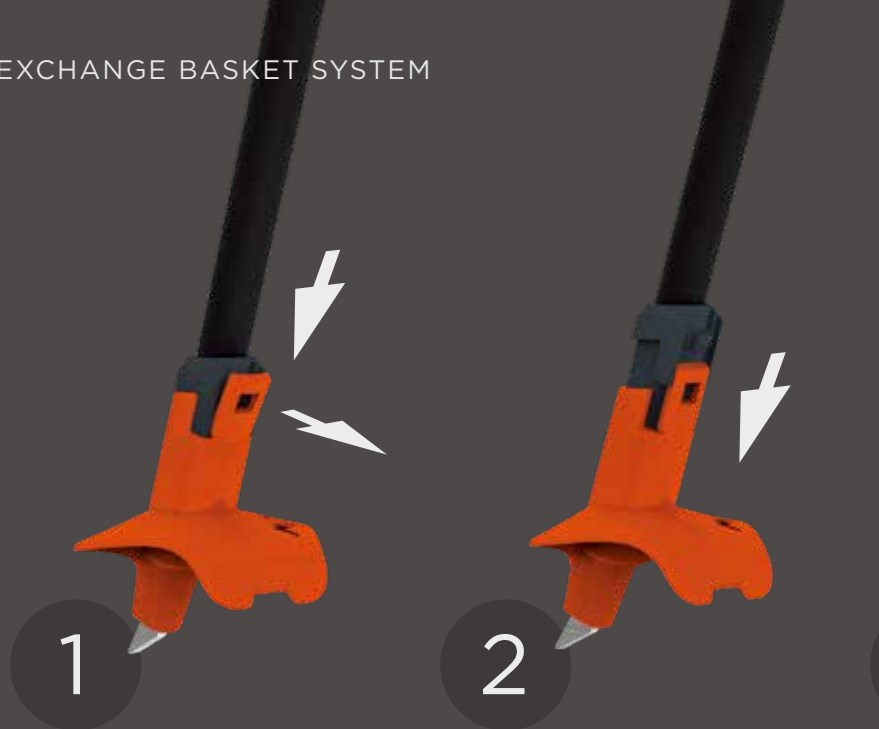
Article no.	Model	Description, Compatibility
STRAPS		
OZ81023	AV WC STRAP 2.0 ¥3,850 (本体 ¥3,500) Made in China	High performance strap from Worldcup with fixed strap connection. Compatible with Carbon Grip 2.0 LV, MV and HV. Sizes: XXS / XS / S / M / L / XL / XXL.

GRIP & STRAP CONNECTION

With the AV World Cup Strap II, the locked-in connection between the strap and the grip ensures optimal hold, providing power transfer and control with every pole stroke. The ergonomically designed straps are offered in seven different sizes to fit different hand sizes.

For the initial installation of the strap, it must first be inserted into the channel provided in the grip. Then the wedge is pushed laterally through the eyelet of the strap into the grip. The clicking sound confirms that the wedge is locked in place and the strap is secured against accidental loosening or misadjustment.





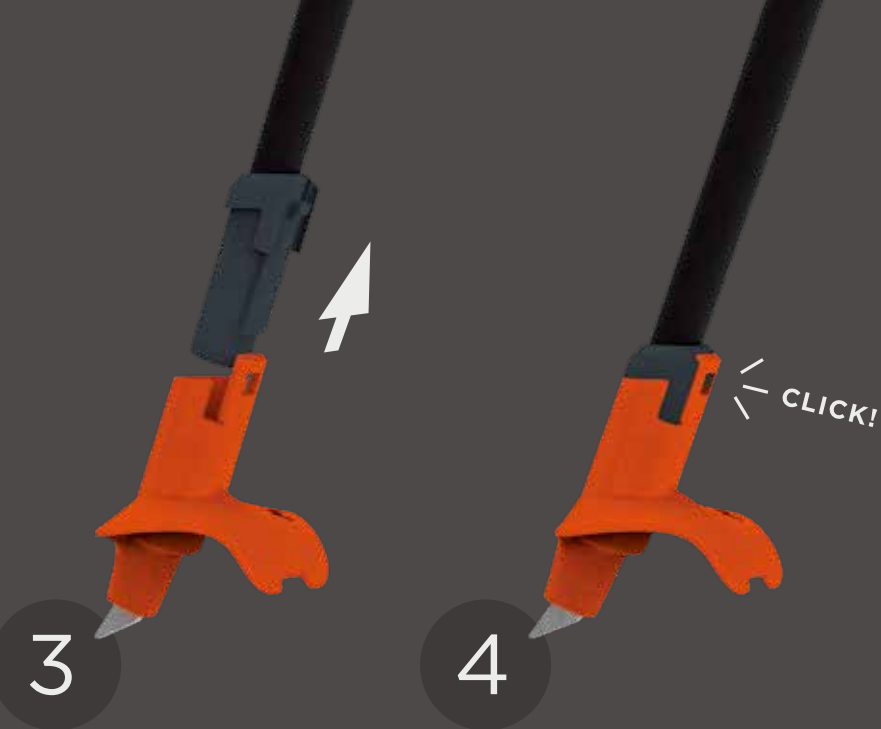
EXCHANGE BASKET SYSTEM

The ONE WAY Exchange Basket System makes changing pole baskets easy for everyone - from beginner to marathon and fitness level skiers. The lightweight Exchange Basket System offers the option of replacing the basket on all cross country pole models that feature a 9 mm shaft tip.

REMOVAL: Pull the retaining clip away from the shaft releases the basket.

REPLACING: The fastening clip guides the basket into the correct position on the pole shaft and locks it firmly onto the pole shaft until you hear a click confirming that the basket is fully engaged.

The ONE WAY Exchange Basket System includes a small basket with a lightweight aluminum tip for use in non-icy conditions and a medium-sized basket for universal use, and two pairs of rollerski poles. The package: 2 pair sleeves, one release tool and one storage bag.



M

- from World Cup to
ion of quickly and easily

ft. Push the basket
d on the retaining clip.

um tip for compact,
tips. Also included in

STORM 3

¥24,200(本体 ¥22,000)
Made in China

Item no.	OZ42121
Lengths	130 - 175 (2,5cm)
Weight	80g (per meter)
Shaft	Carbon 90%
Grip	Carbon Grip
Strap	AV Race Strap
Shaft ø	16:9 (mm)
Basket	Exchange Basket M
Tip	Sintered Tip
Finish	Softtouch

The Storm 3 is a light and durable pole, with a 90% Carbon shaft, made for demanding skiers. AV WC Strap and Carbon Grip offer the perfect blend of efficient power transfer and comfort for a carefree Nordic ski experience. The quick-swap, tool-free Exchange Basket System lets you easily match the basket to whatever terrain and conditions you're in.



STORM 4

¥20,900(本体 ¥19,000)
Made in China

Item no.	OZ42323
Lengths	130 - 175 (2,5cm)
Weight	85g (per meter)
Shaft	Carbon 70%
Grip	Carbon Grip
Strap	AV Race Strap
Shaft ø	16:9 (mm)
Basket	Exchange Basket M
Tip	Sintered Tip
Finish	Softtouch

The Storm 4, with its stable and lightweight 70% carbon shaft, is a great addition to any serious Nordic skier's gear. AV WC Strap and Carbon Grip offer the perfect blend of efficient power transfer and comfort for a smooth and easy Nordic ski experience. The Flash Premio Basket provides grip in a variety of conditions and terrain to help you enjoy your skiing.





STORM 5

¥15,400 (本体 ¥14,000)

Made in China

Item no.	OZ42521
Lengths	130 - 175 (5cm)
Weight	90g (per meter)
Shaft	Carbon 50%
Grip	Carbon Grip
Strap	AV Race Strap
Shaft ø	16:9 (mm)
Basket	Flash Premio M Basket (flame)
Tip	Sintered Tip
Finish	Softtouch

The Storm 5 is a lightweight pole with proven performance and a 50% carbon shaft for active skiers. The AV Premio Strap, Carbon Grip, and Flash Premio Basket provides the needed support in all types of snow conditions to enjoy your next tour on the tracks.



160kgm²



33mm



90g/m



691mm



650N



STORM 6 DARK

¥12,100 (本体 ¥11,000)

Made in China

Item no.	OZ42922
Lengths	130 - 175 (5cm)
Weight	100g (per meter)
Shaft	Carbon 30%
Grip	Carbon Grip
Strap	AV Race Strap
Shaft ø	16:9 (mm)
Basket	Flash L Basket (neon yellow)
Tip	Sintered Tip
Finish	Softtouch

The Storm 6 Dark is a 30% Carbon pole with AV Race Strap, Carbon Grip, and Flash Basket for energetic skiers. It offers the necessary support and comfort in all types of snow conditions to enjoy your next tour on the tracks.



185kgm²



35mm



100g/m



683mm



650N



DIAMOND 3

¥5,500 (本体 ¥5,000)
Made in China

Item no.	OZ43321
Lengths	125 - 165 (5cm)
Weight	112g (per meter)
Shaft	Fiberglass 100%
Grip	Cork Grip half
Strap	Exit Strap
Shaft ø	16:11 (mm)
Basket	XC Basket 11mm
Tip	Steel Tip
Finish	Softtouch

The easy to use Diamond 3 is the basic performance pole for beginners. Exit Strap, Cork Grip, and 11mm XC Basket are easy to handle, comfortable, and durable all winter long.



180kgm²



35mm



112g/m



707mm



650N



BC VARIO

¥22,000 (本体 ¥20,000)
Made in China

Item no.	OZ45021
Lengths	95 - 160 (variable)
Weight	105g (per meter)
Shaft	Alu 7075
Grip	Multi Grip + Grip Elongation
Strap	Fusion Strap
Shaft ø	16:14:9 (mm)
Basket	BC Basket
Tip	Sintered Tip round
Finish	Matt

The BC Vario is a light, durable aluminum you can depend on when needed on any backcountry tour. BC Quick Lock lets you easily set the right pole length with one simple action. The large, lightweight, and flexible BC Basket adapts to any gradient. Multi Grip gives you the ideal grip position for safety and comfort no matter what the terrain is on the ascent.



105g/m



BC MOUNTAIN

¥15,400 (本体 ¥14,000)
Made in China

Item no.	OZ45121
Lengths	130 - 165 (5cm)
Weight	105g (per meter)
Shaft	Alu 7075
Grip	Multi Grip
Strap	Fusion Strap
Shaft ø	16:9 (mm)
Basket	BC Basket
Tip	Sintered Tip round
Finish	Matt

The versatile, light BC Mountain aluminum pole is a trusted travelling partner in the backcountry. The large, lightweight, and flexible BC Basket adapts to any gradient. Multi Grip gives you the ideal grip position for safety and comfort no matter what the terrain is on the ascent.



105g/m



PREMIO JR

¥16,500 (本体 ¥15,000)

Made in China

Item no.	OZ46121
Lengths	100 - 145 (5cm)
Weight	75g (per meter)
Shaft	Carbon 60%
Grip	Cork Kids Grip
Strap	AV WC Strap
Shaft ø	16:9 (mm)
Basket	Exchange Basket M
Tip	Sintered Tip
Finish	Decal w/o finish

Constructed of 60% carbon, the Premio JR is a real lightweight race pole for young skiers. It also features the high-quality AV WC Strap and the Cork Kids Grip for secure comfort. The quick-swap, tool-free Exchange Basket System lets you easily match the basket to whatever terrain and conditions they're in. This is the ideal pole for kids looking to follow in the tracks of Nordic pros like Dorothea Wierer, Charlotte Kalla and Emil Iversen.



75g/m



STORM JR

¥9,900 (本体 ¥9,000)

Made in China

Item no.	OZ46221
Lengths	100 - 145 (5cm)
Weight	75g (per meter)
Shaft	Carbon 10%
Grip	Cork Kids Grip
Strap	AV Race Strap
Shaft ø	16:9 (mm)
Basket	Flash Premio M Basket (flame)
Tip	Sintered Tip
Finish	Matt

With its 30% Carbon construction, the Storm JR is a very light and durable pole for active kids and junior racers. The high performance AV Race Strap, Cork Kids Grip, and Flash Basket are adapted for kids to support them on their way to becoming tomorrow's Nordic skiing stars.



75g/m



DIAMOND JR

¥4,950 (本体 ¥4,500)

Made in China

Item no.	OZ46321
Lengths	70 - 130 (5cm)
Weight	95g (per meter)
Shaft	Fiberglass 100%
Grip	Cork Kids Grip
Strap	Exit Strap
Shaft ø	16:11 (mm)
Basket	XC Basket 11mm
Tip	Steel Tip
Finish	Softtouch

This light and durable junior pole Diamond JR, with an easy to use Exit Strap, Cork Kids Grip, and 11mm XC basket, is the best partner for kids to accompany them from their first time on Nordic skis to having fun on the snow.



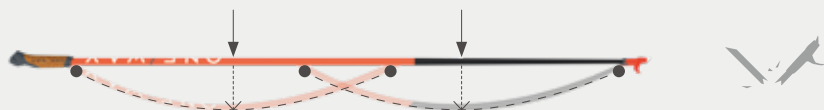
95g/m

NORDIC POLE PARAMETER



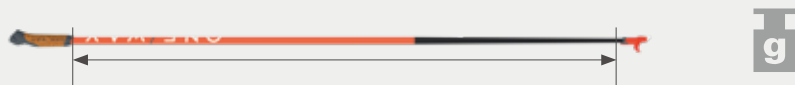
SWINGWEIGHT [kgm^2]

The swingweight refers to the pendulum motion of a pole. The more weight near the tip of the pole, the more energy the skier has to spend. Ski poles are tested for swingweight performance without a grip, strap, and basket. The lower the swingweight, the better.



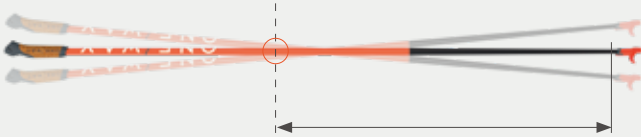
BREAKING LOAD [N]

An essential mechanical value that describes the breakage resistance of a pole in the event of external forces. It is an indicator of durability. To test breaking load measurements are taken at two different points along the shaft, a force is then applied to the middle part of each section until the pole fails. These two values are then averaged to give the breaking load. The higher the breaking load, the better.



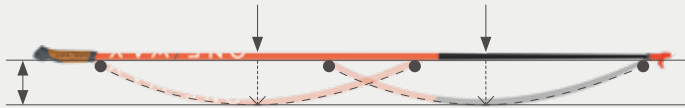
WEIGHT [g/m]

Pole shaft weight is a major determining factor in the overall performance of a ski pole. It is a measurement of the total weight of the pole shaft per meter without grip and basket. The material used in construction significantly influences this number. The lower the weight, the better.



BALANCE POINT [mm]













This measurement is taken from the top of the pole and describes the point where the pole is in equilibrium. It is measured without grip and basket using a shaft length of 1350mm. The higher the center of gravity, the better.



STIFFNESS [mm]








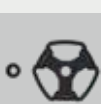
This factor determines the efficiency of the force transmission during propulsion. A stiffer pole transmits more of the skier's energy, and the less is absorbed by flex in the pole. Stiffness is measured without grip and basket. A force is applied at two different points directly in the middle of each section, and the maximum deflection is measured. These two values are then averaged to give the stiffness. The stiffer the shaft, the better.

SPARE PARTS NORDIC

Article no.	Model	Description, Compatibility	Article no.	Model	Description, Compatibility
STRAPS			GRIPS		
OZ81023	AV WC STRAP 2.0 ¥3,850 (本体 ¥3,500) Made in China	 High performance strap from Worldcup with fixed strap connection. Compatible with Carbon Grip 2.0 LV, MV and HV. Sizes: XXS / XS / S / M / L / XL / XXL.	OZ80023	CARBON GRIP 2.0 LV ¥4,840 (本体 ¥4,400) Made in China	 Fibre-reinforced Grip with 360° cork shield for small hands. Compatible with all 16 mm shafts.
OZ81021	AV WC STRAP ¥3,850 (本体 ¥3,500) Made in China	 High performance strap from Worldcup. Compatible with all grips with wedge solution. Sizes: XXS / XS / S / M / L / XL / XXL.	OZ80123	CARBON GRIP 2.0 MV ¥4,840 (本体 ¥4,400) Made in China	 Fibre-reinforced Grip with 360° cork shield for mid-sized hands (average hand size). Compatible with all 16 mm shafts.
OZ81121	AV RACE STRAP ¥3,520 (本体 ¥3,200) Made in China	 High comfort strap. Compatible with all grips with wedge solution. Sizes: XS / S / M / L / XL / XXL.	OZ80223	CARBON GRIP 2.0 HV ¥4,840 (本体 ¥4,400) Made in China	 Fibre-reinforced Grip with 360° cork shield for big hands. Compatible with all 16 mm shafts.
OZ81721	FUSION STRAP ¥1,980 (本体 ¥1,800) Made in China	 High comfort Strap without length adjustment. Compatible with all Grips with wedge solution.	OZ80021	CARBON GRIP ¥4,840 (本体 ¥4,400) Made in China	 Fibre-reinforced Grip with 360° cork shield. Compatible with all 16 mm shafts.
OZ81421	EXIT STRAP ¥1,980 (本体 ¥1,800) Made in China	 Strap without length adjustment. Compatible with all Grips with wedge solution.	OZ80321	CORK GRIP HALF ¥3,850 (本体 ¥3,500) Made in China	 Grip with partly cork shield. Compatible with all 16 mm shafts.
			OZ80521	GRIP MULTIGRIP ¥4,840 (本体 ¥4,400) Made in China	 Special Grip for Backcountry use with extended Grip area and multiple Grip options.
			OZ80421	CORK KIDS ¥3,850 (本体 ¥3,500) Made in China	 Special Grip for kids with partly cork shield. Compatible with all 16 mm shafts.







Article no.	Model	Description, Compatibility
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BASKETS

OZ84121	FLASH PREMIO M ¥2,860 (本体 ¥2,600) Made in China	 Medium basket with longer shaft for increased stiffness and carbide tip. Compatible with all 9 mm shafts.
OZ84021	FLASH PREMIO S ¥2,860 (本体 ¥2,600) Made in China	 Small basket with longer shaft for increased stiffness and carbide tip. Compatible with all 9 mm shafts.
OZ84221	FLASH L ¥2,860 (本体 ¥2,600) Made in China	 Large basket with carbide tip. Compatible with all 9 mm shafts.
OZ84321	XC BASKET 11 MM ¥1,870 (本体 ¥1,700) Made in China	 Larger Basket for outstanding control in all conditions. Compatible with all 11 mm shafts.
OZ84322	XC BASKET 9 MM ¥1,870 (本体 ¥1,700) Made in China	 Larger Basket for outstanding control in all conditions. Compatible with all 9 mm shafts.
OZ84521	OFFTRACK BASKET ¥2,860 (本体 ¥2,600) Made in China	 Larger Basket for excellent control in deep snow. Compatible with all 9 mm shafts.
OZ84621	BC BASKET ¥4,840 (本体 ¥4,400) Made in China	 Unique larger Basket for steep terrain and deep snow. Compatible with all 9 mm shafts.
OZ84722	BC BASKET XTD ¥3,630 (本体 ¥3,300) Made in China	 Unique larger Backcountry Basket with 115 mm diameter for steep terrain and deep snow. Delivered with fastening screw.





Article no.	Model	Description, Compatibility
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EXCHANGE SYSTEM



OZ83821	EXCHANGE BASKET AL L ¥3,520 (本体 ¥3,200) Made in China	 Quick exchangeable Basket in large size with aluminium tip delivered with sleeves. Compatible with all 9 mm shafts.
OZ83321	EXCHANGE BASKET AL M ¥3,520 (本体 ¥3,200) Made in China	 Quickly exchangeable basket in size M with aluminium tip delivered with sleeves. Compatible with all 9 mm shafts.
OZ83121	EXCHANGE BASKET AL S ¥3,520 (本体 ¥3,200) Made in China	 Quickly exchangeable basket in size M with aluminium tip delivered with sleeves. Compatible with all 9 mm shafts.
OZ83421	EXCHANGE BASKET L ¥3,520 (本体 ¥3,200) Made in China	 Quickly exchangeable basket in size L with carbide tip delivered with sleeves. Compatible with all 9 mm shafts.
OZ83021	EXCHANGE BASKET S ¥3,520 (本体 ¥3,200) Made in China	 Quickly exchangeable basket in size S with carbide tip delivered with sleeves. Compatible with all 9 mm shafts.
OZ83521	EXCHANGE BASKET ROLLER ¥3,300 (本体 ¥3,000) Made in China	 Quick exchangeable basket for roller skiing with carbide tip delivered with sleeves. According to FIS regulations. Compatible with all 9 mm shafts.


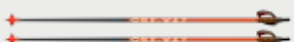
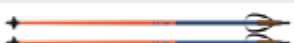
LINE-UP NORDIC / WORLD CUP, RACE & RENTAL

Article no.	Model	Image	Material Shaft	Grip
WORLD CUP				
OZ40021	PREMIO 30		UHM Carbon 100%	Carbon Grip
OZ40121	PREMIO 30 KIT		UHM Carbon 100%	Carbon Grip

RACE				
OZ42121	STORM 3		Carbon 90%	Carbon Grip
OZ42323	STORM 4		Carbon 70%	Carbon Grip
OZ42521	STORM 5		Carbon 50%	Carbon Grip
OZ42922	STORM 6 DARK		Carbon 30%	Carbon Grip


FITNESS				
OZ43321	DIAMOND 3		Fiberglass 100%	Cork Grip half

BACKCOUNTRY				
OZ45021	BC VARIO		Alu 7075	Multi Grip + Grip Elongation
OZ45121	BC MOUNTAIN		Alu 7075	Multi Grip

JUNIOR				
OZ46121	PREMIO JR		Carbon 60%	Cork Kids Grip
OZ46221	STORM JR		Carbon 10%	Cork Kids Grip
OZ46321	DIAMOND JR		Fiberglass 100%	Cork Kids Grip

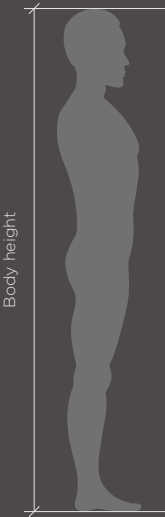
Strap	Strap size	Shaft ø (mm)	Weight per meter	Basket	Lengths	Tip	Finish
AV WC Strap	L 170 - 180cm M 150 - 167,5cm S 135 - 147,5 cm	16:9	49g	Exchange Basket S + M	135 - 175 (2,5cm)	Sintered Tip	Decal w/o finish
AV WC Strap	L 180cm M 160 - 170cm S 150 cm	16:9	49g	Exchange Basket S + M	KIT 150, 160, 170, 180	Sintered Tip	Decal w/o finish
AV Race Strap	L 150 - 175cm M 135 - 147,5cm S 130 - 132,5cm	16:9	80g	Exchange Basket M	130 - 175 (2,5cm)	Sintered Tip	Softtouch
AV Race Strap	L 150 - 175cm M 135 - 147,5cm S 130 - 132,5cm	16:9	85g	Exchange Basket M	130 - 175 (2,5cm)	Sintered Tip	Softtouch
AV Race Strap	L 150 - 170cm M 135 - 145cm S 130cm	16:9	90g	Flash Premio M Basket (flame)	130 - 175 (5cm)	Sintered Tip	Softtouch
AV Race Strap	L 150 - 170cm M 135 - 145cm S 130cm	16:9	100g	Flash L Basket (neon yellow)	130 - 175 (5cm)	Sintered Tip	Softtouch
Exit Strap	One size	16:11	112g	XC Basket 11mm	125 - 165 (5cm)	Steel Tip	Softtouch
Fusion Strap	One size	16:14:9	105g	BC Basket	95 - 160 (variable)	Sintered Tip round	Matt
Fusion Strap	One size	16:9	105g	BC Basket	130 - 165 (5cm)	Sintered Tip round	Matt
AV WC Strap	L 145cm M 115 - 140cm S 100 - 110cm	16:9	75g	Exchange Basket M	100 - 145 (5cm)	Sintered Tip	Decal w/o finish
AV Race Strap	L 145cm M 115 - 140cm S 100 - 110cm	16:9	75g	Flash Premio M Basket (flame)	100 - 145 (5cm)	Sintered Tip	Matt
Exit Strap	One size	16:11	95g	XC Basket 11mm	70 - 130 (5cm)	Steel Tip	Softtouch

SOFTGOODS

Article no.	Model	Dimension	Material
POLE TUBES & CASES			
OZ18023	 SKI POLE TUBE TELESCOPE - 8 PAIRS ¥19,800 (本体 ¥18,000) Made in China	155-185 x 19 x 10cm	900D Recycled Pet
OZ18123	 SKI POLE TUBE SMALL - 4 PAIRS ¥12,100 (本体 ¥11,000) Made in China	178 x 18 x 18cm	900D Recycled Pet

POLE

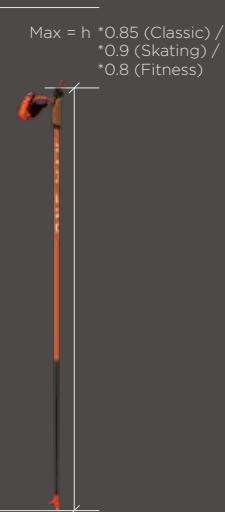
NORDIC



NORDIC A



LENGTH ADVICE



Body Height	Skating		Classic		Fitness	
	cm	from to	from to	from to	from to	
200	175	180	167.5	172.5	152.5	162.5
195	170	175	162.5	167.5	155	160
190	167.5	172.5	157.5	162.5	150	155
185	162.5	167.5	155	160	145	150
180	160	165	150	155	140	145
175	155	160	145	150	140	145
170	150	155	140	145	135	140
165	145	150	137.5	142.5	130	135
160	140	145	135	137.5	125	130
155	135	140	130	135	120	125
150	130	135	125	130	115	120
145	125	130	120	125	115	120
140	120	125	115	120	110	115
135	115	120	110	115	105	110
130	110	115	105	110	100	105
125	105	110	100	105	95	100

ACCORDING TO FIS RULES



Body Height	Classic
cm	cm
200	168.5
195	164.5
190	160.5
185	156.5
180	151.5
175	147.5
170	143.5
165	139.5
160	135.5
155	131.5
150	127.5
145	122.5
140	118.5
135	114.5
130	110.5
125	106.5



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<https://goldwin.co.jp/>

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〒101-0052 東京都千代田区神田小川町1-8-8 VORT神田小川町ビル1F

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